

Jump elastic game Rules

The game is played by at least 3 players. Two players stay opposite each other and extend the rubber band on different parts of body, depending on the level of difficulty, another player jumps over the rubber. There are several levels of difficulty. When person jumping finishes with first level of difficulty he continues the same game at the next level of difficulty. If he makes a mistake, another player starts. When it comes to a turn of the first player again, he will continue jumping from where he previously finished. The winner is the one who finishes jumping the entire levels of difficulty.

THE LEVELS OF DIFFICULTY

1st level: the elastic is on the ankles 4th level: the elastic is on the thighs

2nd level: the elastic is on the calves 5th level: the elastic is on the hips

3rd level: the elastic is on the knees 6th level: the elastic is on the waist

Example of jumping sets:



